

antipasti

EGGPLANT CAPONATA BRUSCHETTA **10** *Vegan*

CRISPY BRUSSELS SPROUTS lemon **8** *Vegan*

EGGPLANT CHIPS lavender honey, garrotxa cheese **9** ✓

FARINATA figs, ricotta **15** ✓ GF

SHEEP'S MILK RICOTTA BRUSCHETTA **10** ✓

BUFALA MOZZARELLA pears, almond honey **14** ✓ GF

CRISPY CAULIFLOWER pecorino, salsa rosa **12** ✓

ROASTED DELICATA SQUASH chimichurri,
pomegranate **10** ✓ GF

GRILLED OCTOPUS green harissa **16** GF

SALUMI BOARD soppressata, chorizo, coppa, arugula,
roasted peppers, marinated tomatoes, cerignola olives **18** GF

SPINACH RICOTTA "MEATBALLS" braised tomatoes **12** ✓

SAL'S OLD SCHOOL MEATBALLS tomato potato **12**

salads

ARUGULA cherry tomatoes, parmesan **10** ✓ GF

KALE & QUINOA seasonal vegetables, feta **12** ✓ GF

KALE CAESAR parmesan **10**

add grilled chicken **7** grilled shrimp **8** grilled salmon **9**

main

CHICKEN SALAD SANDWICH lemon, parsley **12**

TUNA SALAD SANDWICH arugula, red onion **14**

AMIS BURGER american cheese, arugula,
tomato, onion, mayo, fries **16**

GRILLED SALMON baby kale, marinated
tomatoes **16** GF

GRILLED CHICKEN PAILLARD arugula, cherry
tomatoes, pecorino, lemon vinaigrette **22** GF

pasta

TONNARELLI "cacio e pepe" **18** ✓

BUCATINI jalapeno, almond pesto **19** ✓

RIGATONI BOLOGNESE **21**

EGGPLANT LASAGNA broccoli rabe, ricotta **22**



✓ = Vegetarian

Vegan = Vegan

GF = Gluten Free

HOUSE-BAKED *bread*

HAND-ROLLED *pastas*

LOCALLY SOURCED *ingredients*

Consuming raw or undercooked eggs, beef, milk products, pork, poultry,
seafood or shellfish may increase your chances of foodborne illness.